

**East District Cross Country Relay Championships**  
**Senior/Junior Men**

**Team Medal Table**  
**First Championship 1926-7 to 2025-6**

|    |                          | <b>Gold</b> | <b>Silver</b> | <b>Bronze</b> |
|----|--------------------------|-------------|---------------|---------------|
| 1  | Edinburgh Southern H     | 21          | 11            | 12            |
| 2  | Central AC               | 17          | 8             | 4             |
| 3  | RC Edinburgh             | 12          | 4             | 1             |
| 4  | Edinburgh Northern H     | 10          | 4             | 1             |
| 5  | Edinburgh University H&H | 9           | 12            | 12            |
| 6  | Edinburgh AC             | 4           | 7             | 11            |
| 7  | Falkirk Victoria H       | 4           | 7             | 6             |
| 8  | Dundee Hawkhill H        | 4           | 2             | 4             |
| 9  | Dundee Thistle H         | 3           | 8             | 1             |
| 10 | Teviotdale H             | 3           | 8             | 3             |
| 11 | Aberdeen AAC             | 3           | 6             | 9             |
| 12 | Corstorphine AAC         | 1           | 4             | 5             |
| 13 | Stirling University AC   | 1           |               |               |
| 14 | Hunters Bog T            |             | 5             | 2             |
| 15 | Edinburgh Eastern H      |             | 4             | 3             |
| 16 | Fife AC                  |             | 2             | 5             |
| 17 | Braidburn AC             |             | 1             | 2             |
| 18 | Edinburgh H              |             |               | 2             |
| 19 | Queens Own Cameron H     |             |               | 2             |
| 20 | Kirkcaldy YMCA H         |             |               | 2             |
| 21 | Canon AC                 |             |               | 1             |
| 22 | St Andrews University AC |             |               | 1             |
| 23 | Dundee University AC     |             |               | 1             |
| 24 | Carnethy HRC             |             |               | 1             |